



1715 S Kansas Ave Springfield, MO 65807 Phone 417-890-1599
Fax 417-890-1613 sq miles@championathletes.org www.championathletes.org

Water Aerobics

Monett YMCA
115 S Lincoln Ave

2:30 pm – 3:30 pm

Friday, March 25, 2016
through
Friday, May 13, 2016

Anyone participating in this program must be dressed in your swim suit and in the water by 2:30 pm.

You must register for this program; you will not be able to show up the day of the program.

All program information is listed on our web site
www.championathletes.org

Class space is limited please contact us to register an athlete. Champion Athletes of the Ozarks office - phone: 890-1599 or email: sq miles@championathletes.org.

Mission: To build self-esteem, self-confidence and everyday life skills therefore, enhancing the lives of children and adults with disabilities through education, sports competition and new opportunities.